

| Cinnamon Rolls                               | Serving Size   | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
|--|----------------|----------|----------|--------------------|----------------|------------------|-------------|---------------|------------|-------------------|-------------------|--------------|--------------|
| Classic Roll                                 | 1 (241g)       | 880      | 37       | 16                 | 0              | 55               | 1150        | 129           | 2          | 61                | 59                | 12           | E,M,S,W      |
| Caramel Pecanbon®                            | 1 (286g)       | 1090     | 51       | 20                 | 0.5            | 65               | 1280        | 149           | 4          | 77                | 75                | 14           | E,M,P,S,TN,W |
| TurtleBon Classic Roll                       | 1 (283g)       | 1100     | 53       | 19                 | 0.5            | 60               | 1270        | 149           | 5          | 76                | 74                | 15           | E,M,P,S,TN,W |
| Caramel Lover's Classic Roll                 | 1 (264g)       | 1000     | 41       | 19                 | 0.5            | 65               | 1230        | 147           | 2          | 76                | 74                | 13           | E,M,S,W      |
| OREOBon Classic Roll                         | 1 (283g)       | 1080     | 44       | 18                 | 0.5            | 55               | 1260        | 162           | 4          | 81                | 79                | 14           | E,M,S,W      |
| Peppermint Topped Classic Roll               | 1 (252g)       | 925      | 37       | 16                 | 0.0            | 55               | 1150        | 140           | 2          | 69                | 67                | 12           | E,M,S,W      |
| Minibon® Roll                                | 1 (96g)        | 350      | 15       | 7                  | 0              | 25               | 350         | 52            | 1          | 24                | 24                | 5            | E,M,S,W      |
| Caramel Pecanbon MiniBon® Roll               | 1 (116g)       | 460      | 22       | 8                  | 0              | 30               | 400         | 62            | 2          | 33                | 31                | 6            | E,M,P,S,TN,W |
| TurtleBon MiniBon® Roll                      | 1 (120g)       | 470      | 23       | 8                  | 0              | 25               | 390         | 62            | 2          | 32                | 31                | 7            | E,M,P,S,TN,W |
| Caramel Lover's MiniBon® Roll                | 1 (108g)       | 410      | 17       | 8                  | 0              | 30               | 370         | 61            | 1          | 32                | 31                | 5            | E,M,S,W      |
| OREOBon MiniBon® Roll                        | 1 (118g)       | 450      | 18       | 8                  | 0              | 25               | 390         | 68            | 2          | 34                | 34                | 6            | E,M,S,W      |
| Peppermint Topped MiniBon® Roll              | 1 (102g)       | 370      | 15       | 7                  | 0              | 25               | 350         | 58            | 1          | 28                | 28                | 5            | E,M,S,W      |
| BonBites™, 4ct                               | 4 Rolls (100g) | 410      | 17       | 8                  | 0              | 25               | 480         | 58            | 2          | 27                | 25                | 5            | E,M,S,W      |
| Caramel Pecanbon® BonBites™, 4ct             | 4 Rolls (125g) | 560      | 30       | 10                 | 0              | 30               | 570         | 67            | 2          | 34                | 32                | 7            | E,M,P,S,TN,W |
| TurtleBon BonBites™, 4ct                     | 4 Rolls (152g) | 590      | 33       | 10                 | 0              | 15               | 580         | 69            | 4          | 35                | 33                | 7            | E,M,P,S,TN,W |
| Caramel Lover's BonBites™, 4ct               | 4 Rolls (132g) | 470      | 20       | 9                  | 0              | 15               | 520         | 67            | 2          | 34                | 33                | 5            | E,M,S,W      |
| OREOBon BonBites™, 4ct                       | 4 Rolls (159g) | 590      | 24       | 10                 | 0              | 10               | 600         | 86            | 3          | 44                | 42                | 7            | E,M,S,W      |
| Peppermint Topped BonBites™, 4ct             | 4 Rolls (111g) | 455      | 17       | 8                  | 0              | 25               | 480         | 69            | 2          | 35                | 33                | 5            | E,M,S,W      |
| Quick Bites                                  | Serving Size   | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
| Center of the Roll - Classic                 | 1 (198g)       | 760      | 34       | 16                 | 0              | 50               | 870         | 106           | 2          | 60                | 58                | 9            | E,M,S,W      |
| Center of the Roll - Caramel Pecanbon®       | 1 (213g)       | 860      | 44       | 17                 | 0.5            | 50               | 890         | 108           | 3          | 60                | 59                | 10           | E,M,P,S,TN,W |
| Center of the Roll - TurtleBon               | 1 (242g)       | 990      | 51       | 18                 | 0.5            | 55               | 960         | 126           | 4          | 76                | 74                | 11           | E,M,P,S,TN,W |
| Center of the Roll - Caramel Lover's         | 1 (222g)       | 870      | 38       | 18                 | 0.5            | 55               | 910         | 124           | 2          | 75                | 74                | 9            | E,M,S,W      |
| Center of the Roll - OREOBon                 | 1 (242g)       | 950      | 41       | 18                 | 0.5            | 50               | 950         | 137           | 3          | 80                | 79                | 11           | E,M,S,W      |
| Center of the Roll - Peppermint Topped       | 1 (209g)       | 805      | 34       | 16                 | 0.0            | 50               | 870         | 117           | 2          | 68                | 66                | 9            | E,M,S,W      |
| Churro Stick, unfilled, 1 ct                 | 1 (65g)        | 210      | 9        | 1.5                | 0              | 0                | 230         | 27            | 1          | 5                 | 4                 | 4            | E,M,S,W      |
| CinnaSweeties™ 5 ct                          | 1 (49g)        | 250      | 13       | 6                  | 0              | 0                | 190         | 32            | 1          | 13                | 11                | 3            | E,M,W,S      |
| CinnaSweeties™ 10 ct                         | 1 (97g)        | 500      | 25       | 12                 | 0              | 0                | 380         | 63            | 2          | 27                | 21                | 7            | E,M,W,S      |
| Cookie Bonbite, 1 ct                         | 1 (67g)        | 260      | 12       | 6                  | 0              | 15               | 210         | 38            | 2          | 20                | 19                | 3            | E,M,W,S      |
| Cookie BonBite Frosting Sandwich             | 1 (147g)       | 590      | 27       | 13                 | 0.0            | 35               | 450         | 83            | 4          | 46                | 44                | 7            | E,M,S,W      |
| Add Ons                                      | Serving Size   | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
| Frosting pint                                | 1/16(23g)      | 110      | 7        | 3                  | 0              | 5                | 60          | 12            | 0          | 11                | 11                | 0            | M,S          |
| Topping Cup ,Cinnabon® Cream Cheese Frosting | 1 (48g)        | 220      | 14       | 7                  | 0              | 15               | 130         | 24            | 0          | 23                | 23                | 1            | M,S          |
| Topping Cup, Cinnabon® Caramel Frosting      | 1 (51g)        | 210      | 9        | 5                  | 0              | 15               | 150         | 31            | 0          | 28                | 27                | 1            | M,S          |
| Topping Cup, Cinnabon® Caramel Topping       | 1 (62g)        | 240      | 8        | 5                  | 0              | 20               | 180         | 42            | 0          | 37                | 36                | 1            | M,S          |
| Topping Cup, Cinnabon® Chocolate Sauce       | 1 (57g)        | 130      | 1        | 0                  | 0              | 0                | 0           | 33            | 3          | 28                | 27                | 2            | S            |
| Topping Cup, Cinnabon® Pecans                | 1 (24g)        | 170      | 17       | 2                  | 0              | 0                | 95          | 3             | 2          | 1                 | 0                 | 2            | TN           |
| Topping Cup, OREO® Cookie Pieces             | 1 (24g)        | 110      | 5        | 2                  | 0              | 0                | 80          | 17            | 0          | 10                | 9                 | 1            | S,W          |
| Topping Cup, Peppermint Pieces               | 1 (11g)        | 45       | 0        | 0                  | 0              | 0                | 0           | 11            | 0          | 8                 | 8                 | 0            |              |

| Cinnapack™: Pre-Packed & Ready to Heat       | Serving Size     | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
|--|------------------|----------|----------|--------------------|----------------|------------------|-------------|---------------|------------|-------------------|-------------------|--------------|--------------|
| Classic CinnaPack                            | 1 Roll (255g)    | 940      | 41       | 18                 | 0.5            | 60               | 1180        | 136           | 2          | 68                | 66                | 13           | E,M,S,W      |
| Caramel Pecanbon® Classic CinnaPack          | 1 Roll (300g)    | 1160     | 55       | 22                 | 1              | 70               | 1320        | 156           | 4          | 84                | 81                | 14           | E,M,P,S,TN,W |
| TurtleBon Classic CinnaPack                  | 1 Roll (305g)    | 1160     | 55       | 21                 | 0.5            | 25               | 970         | 156           | 6          | 81                | 78                | 15           | E,M,S,TN,W   |
| Caramel Lover's Classic CinnaPack            | 1 Roll (285g)    | 1050     | 43       | 21                 | 0.5            | 30               | 920         | 154           | 3          | 81                | 78                | 13           | E,M,S,W      |
| OreoBon Classic CinnaPack                    | 1 Roll (305g)    | 1130     | 45       | 20                 | 0.5            | 20               | 970         | 169           | 5          | 87                | 84                | 15           | E,M,S,TN,W   |
| Minibon® CinnaPack                           | 1 Roll (104g)    | 380      | 17       | 8                  | 0              | 25               | 350         | 55            | 1          | 28                | 27                | 5            | E,M,S,W      |
| Caramel Pecanbon® MiniBon® CinnaPack         | 1 Roll (125g)    | 490      | 24       | 9                  | 0              | 30               | 410         | 65            | 2          | 36                | 35                | 6            | E,M,P,S,TN,W |
| TurtleBon MiniBon® CinnaPack                 | 1 Roll (128g)    | 490      | 24       | 9                  | 0              | 10               | 400         | 65            | 3          | 35                | 33                | 6            | E,M,S,TN,W   |
| Caramel Lover's MiniBon® CinnaPack           | 1 Roll (118g)    | 440      | 18       | 9                  | 0              | 15               | 380         | 64            | 1          | 34                | 33                | 5            | E,M,S,W      |
| OreoBon MiniBon® CinnaPack                   | 1 Roll (128g)    | 480      | 19       | 8                  | 0              | 10               | 400         | 71            | 2          | 37                | 36                | 6            | E,M,S,TN,W   |
| BonBites™ CinnaPack                          | 4 Rolls (115g)   | 460      | 21       | 10                 | 0              | 30               | 510         | 63            | 2          | 32                | 32                | 5            | E,M,S,W      |
| Caramel Pecanbon® BonBites™ CinnaPack        | 4 Rolls (135g)   | 600      | 32       | 11                 | 0              | 30               | 600         | 73            | 2          | 37                | 36                | 7            | E,M,P,S,TN,W |
| TurtleBon BonBites™ CinnaPack                | 4 Rolls (163g)   | 640      | 36       | 11                 | 0              | 15               | 610         | 74            | 4          | 39                | 37                | 9            | E,M,S,TN,W   |
| Caramel Lover's BonBites™ CinnaPack          | 4 Rolls (142g)   | 510      | 22       | 10                 | 0              | 20               | 540         | 72            | 2          | 39                | 37                | 7            | E,M,S,W      |
| OreoBon BonBites™ CinnaPack                  | 4 Rolls (169g)   | 630      | 27       | 11                 | 0              | 15               | 630         | 92            | 3          | 48                | 47                | 8            | E,M,S,TN,W   |
| Quick Bites Variety Pack                     | Serving Size     | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
| CinnaSweeties™ 1 ct                          | 1 (10g)          | 50       | 3        | 1                  | 0              | 0                | 38          | 7             | 0          | 3                 | 2                 | 1            | E,M,W,S      |
| Churro Stick, unfilled, 1/2 ct               | 1 (33g)          | 105      | 5        | 1                  | 0              | 0                | 115         | 14            | 1          | 3                 | 2                 | 2            | E,M,S,W      |
| Cookie Bonbite, 1 ct                         | 1 (67g)          | 260      | 12       | 6                  | 0              | 15               | 210         | 38            | 2          | 20                | 19                | 3            | E,M,W,S      |
| BonBites™, 1ct                               | 1 (25g)          | 103      | 4        | 2                  | 0              | 6                | 120         | 15            | 1          | 7                 | 7                 | 1            | E,M,S,W      |
| Topping Cup ,Cinnabon® Cream Cheese Frosting | 1 (48g)          | 220      | 14       | 7                  | 0              | 15               | 130         | 24            | 0          | 23                | 23                | 1            | M,S          |
| Beverages (Over Ice)                         | Serving Size     | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
| MochaLatta Chill®, 16 oz                     | 16 fl. oz (476g) | 340      | 13       | 8                  | 0              | 40               | 170         | 50            | 1          | 43                | 33                | 7            | M,S          |
| MochaLatta Chill®, 24 oz                     | 24 fl. oz (646g) | 450      | 16       | 9                  | 0              | 45               | 280         | 69            | 2          | 61                | 46                | 10           | M,S          |
| Classic Iced Lemonade, 16 oz                 | 16 fl. oz (439g) | 100      | 0        | 0                  | 0              | 0                | 20          | 25            | 0          | 23                | 23                | 0            | NONE         |
| Classic Iced Lemonade, 24 oz                 | 24 fl. oz (610g) | 150      | 0        | 0                  | 0              | 0                | 25          | 37            | 0          | 34                | 34                | 0            | NONE         |
| Raspberry Iced Lemonade, 16 oz               | 16 fl. oz (454g) | 160      | 0        | 0                  | 0              | 0                | 20          | 38            | 0          | 37                | 36                | 0            | NONE         |
| Raspberry Iced Lemonade, 24 oz               | 24 fl. oz (619g) | 220      | 0        | 0                  | 0              | 0                | 25          | 54            | 0          | 51                | 50                | 0            | NONE         |
| Vanilla Iced Cold Brew, 16 oz                | 16 fl. oz (449g) | 110      | 2        | 1                  | 0              | 5                | 40          | 22            | 0          | 21                | 18                | 2            | M            |
| Vanilla Iced Cold Brew, 24 oz                | 24 fl. oz (624g) | 170      | 3        | 2                  | 0              | 10               | 55          | 33            | 0          | 32                | 27                | 3            | M            |
| Cinnamon Roll Iced Cold Brew, 16 oz          | 16 fl. oz (459g) | 120      | 2        | 1                  | 0              | 5                | 65          | 22            | 0          | 20                | 17                | 2            | M            |
| Cinnamon Roll Iced Cold Brew, 24 oz          | 24 fl. oz (638g) | 170      | 3        | 2                  | 0              | 10               | 95          | 33            | 0          | 30                | 26                | 3            | M            |
| Beverages (Frozen)                           | Serving Size     | Calories | Fat (gm) | Saturated Fat (gr) | Trans Fat (gr) | Cholesterol (mg) | Sodium (mg) | Carb. (grams) | Fiber (gr) | Total Sugars (gr) | Added Sugars (gr) | Protein (gr) | Allergen     |
| Classic Frozen Lemonade, 16 oz               | 16 fl. oz (454g) | 250      | 0        | 0                  | 0              | 0                | 25          | 62            | 0          | 57                | 56                | 0            | NONE         |
| Classic Frozen Lemonade, 24 oz               | 24 fl. oz (581g) | 310      | 0        | 0                  | 0              | 0                | 30          | 77            | 0          | 71                | 70                | 0            | NONE         |
| Raspberry Frozen Lemonade, 16 oz             | 16 fl. oz (482g) | 290      | 0        | 0                  | 0              | 0                | 25          | 71            | 0          | 68                | 67                | 0            | NONE         |
| Raspberry Frozen Lemonade, 24 oz             | 24 fl. oz (629g) | 390      | 0        | 0                  | 0              | 0                | 35          | 96            | 0          | 92                | 91                | 0            | NONE         |
| Vanilla Frozen Cold Brew, 16 oz              | 16 fl. oz (483g) | 450      | 15       | 10                 | 0              | 55               | 180         | 73            | 0          | 66                | 56                | 6            | M,S          |
| Vanilla Frozen Cold Brew, 24 oz              | 24 fl. oz (668g) | 620      | 19       | 12                 | 0              | 75               | 250         | 105           | 0          | 96                | 81                | 9            | M,S          |

|   |                     |                 |                 |                           |                       |                         |                    |                      |                   |                          |                          |                     |                 |
|---|---------------------|-----------------|-----------------|---------------------------|-----------------------|-------------------------|--------------------|----------------------|-------------------|--------------------------|--------------------------|---------------------|-----------------|
| Cinnamon Roll Frozen Cold Brew, 16 oz           | 16 fl. oz (493g)    | 450             | 15              | 10                        | 0                     | 55                      | 200                | 73                   | 0                 | 65                       | 55                       | 6                   | M,S             |
| Cinnamon Roll Frozen Cold Brew, 24 oz           | 24 fl. oz (682g)    | 630             | 19              | 12                        | 0                     | 75                      | 290                | 105                  | 0                 | 95                       | 80                       | 9                   | M,S             |
| Strawberries & Cream Chillattas®, 16 oz         | 16 fl. oz (530g)    | 570             | 16              | 11                        | 0                     | 65                      | 190                | 101                  | 0                 | 93                       | 81                       | 8                   | M               |
| Strawberries & Cream Chillattas®, 24 oz         | 24 fl. oz (700g)    | 770             | 21              | 14                        | 0                     | 80                      | 280                | 137                  | 0                 | 127                      | 109                      | 11                  | M               |
| Double Chocolate Mocha Chillattas®, 16 oz       | 16 fl. oz (476g)    | 350             | 13              | 7                         | 0                     | 35                      | 160                | 55                   | 2                 | 48                       | 38                       | 8                   | M,S             |
| Double Chocolate Mocha Chillattas®, 24 oz       | 24 fl. oz (610g)    | 460             | 15              | 8                         | 0                     | 40                      | 200                | 77                   | 3                 | 68                       | 55                       | 10                  | M,S             |
| OREO® Cookies & Cream Chillattas®, 16 oz        | 16 fl. oz (519g)    | 640             | 25              | 13                        | 0                     | 65                      | 350                | 96                   | 1                 | 75                       | 63                       | 9                   | M,S,W           |
| OREO® Cookies & Cream Chillattas®, 24 oz        | 24 fl. oz (685g)    | 850             | 32              | 17                        | 0                     | 80                      | 480                | 130                  | 1                 | 102                      | 85                       | 13                  | M,S,W           |
| Peppermint Chillattas®, 16 oz                   | 16 fl. oz (464g)    | 440             | 14              | 9                         | 0                     | 60                      | 180                | 72                   | 0                 | 62                       | 52                       | 7                   | M               |
| Peppermint Chillattas®, 24 oz                   | 24 fl. oz (641g)    | 620             | 21              | 14                        | 0                     | 85                      | 270                | 100                  | 0                 | 87                       | 72                       | 10                  | M               |
| <b>Beverages (Hot)</b>                          | <b>Serving Size</b> | <b>Calories</b> | <b>Fat (gm)</b> | <b>Saturated Fat (gr)</b> | <b>Trans Fat (gr)</b> | <b>Cholesterol (mg)</b> | <b>Sodium (mg)</b> | <b>Carb. (grams)</b> | <b>Fiber (gr)</b> | <b>Total Sugars (gr)</b> | <b>Added Sugars (gr)</b> | <b>Protein (gr)</b> | <b>Allergen</b> |
| Coffee, 12 oz                                   | 12 fl. oz (283g)    | 5               | 0               | 0                         | 0                     | 0                       | 5                  | 0                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Coffee, 16 oz                                   | 16 fl. oz (340g)    | 5               | 0               | 0                         | 0                     | 0                       | 5                  | 0                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Coffee, 20 oz                                   | 20 fl. oz (510g)    | 5               | 0               | 0                         | 0                     | 0                       | 10                 | 0                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Hot Cocoa, 12 oz with Whipped Cream             | 12 fl. oz (363g)    | 290             | 11              | 3                         | 0                     | 15                      | 370                | 54                   | 2                 | 49                       | 35                       | 3                   | M,S             |
| Hot Cocoa, 16 oz with Whipped Cream             | 16 fl. oz (430)     | 310             | 12              | 4                         | 0                     | 20                      | 370                | 55                   | 2                 | 49                       | 36                       | 3                   | M,S             |
| Americano, 12 oz                                | 12 fl. oz (327g)    | 5               | 0               | 0                         | 0.0                   | 0                       | 15                 | 1                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Americano, 16 oz                                | 16 fl. oz (445g)    | 10              | 0               | 0                         | 0.0                   | 0                       | 25                 | 2                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Americano, 20 oz                                | 20 fl. oz (575g)    | 15              | 0               | 0                         | 0.0                   | 0                       | 35                 | 3                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Cappuccino, 12 oz                               | 12 fl. oz (213g)    | 110             | 6               | 4                         | 0.0                   | 20                      | 85                 | 9                    | 0                 | 9                        | 0                        | 6                   | M               |
| Cappuccino, 16 oz                               | 16 fl. oz (274g)    | 140             | 7               | 4                         | 0.0                   | 20                      | 100                | 11                   | 0                 | 10                       | 0                        | 7                   | M               |
| Cappuccino, 20 oz                               | 20 fl. oz (334g)    | 160             | 8               | 5                         | 0.0                   | 25                      | 120                | 13                   | 0                 | 12                       | 0                        | 8                   | M               |
| Cinnamon Roll Latte, 12 oz                      | 12 fl. oz (242g)    | 170             | 6               | 4                         | 0.0                   | 20                      | 100                | 23                   | 0                 | 22                       | 13                       | 6                   | M               |
| Cinnamon Roll Latte, 16 oz                      | 16 fl. oz (282g)    | 200             | 7               | 4                         | 0.0                   | 20                      | 120                | 29                   | 0                 | 28                       | 17                       | 7                   | M               |
| Cinnamon Roll Latte, 20 oz                      | 20 fl. oz (352g)    | 240             | 8               | 5                         | 0.0                   | 25                      | 140                | 36                   | 0                 | 33                       | 21                       | 8                   | M               |
| Latte, 12 oz                                    | 12 fl. oz (213g)    | 110             | 6               | 4                         | 0.0                   | 20                      | 85                 | 9                    | 0                 | 9                        | 0                        | 6                   | M               |
| Latte, 16 oz                                    | 16 fl. oz (274g)    | 140             | 7               | 4                         | 0.0                   | 20                      | 100                | 11                   | 0                 | 10                       | 0                        | 7                   | M               |
| Latte, 20 oz                                    | 20 fl. oz (334g)    | 160             | 8               | 5                         | 0.0                   | 25                      | 120                | 13                   | 0                 | 12                       | 0                        | 8                   | M               |
| Macchiato, 12 oz                                | 12 fl. oz (213g)    | 110             | 6               | 4                         | 0.0                   | 20                      | 85                 | 9                    | 0                 | 9                        | 0                        | 6                   | M               |
| Macchiato, 16 oz                                | 16 fl. oz (274g)    | 140             | 7               | 4                         | 0.0                   | 20                      | 100                | 11                   | 0                 | 10                       | 0                        | 7                   | M               |
| Macchiato, 20 oz                                | 20 fl. oz (334g)    | 160             | 8               | 5                         | 0.0                   | 25                      | 120                | 13                   | 0                 | 12                       | 0                        | 8                   | M               |
| Mocha, 12 oz                                    | 12 fl. oz (273g)    | 250             | 7               | 4                         | 0.0                   | 20                      | 85                 | 44                   | 3                 | 39                       | 29                       | 8                   | M,S             |
| Mocha, 16 oz                                    | 16 fl. oz (354g)    | 320             | 9               | 5                         | 0.0                   | 20                      | 105                | 57                   | 4                 | 50                       | 38                       | 10                  | M,S             |
| Mocha, 20 oz                                    | 20 fl. oz (434g)    | 380             | 10              | 5                         | 0.0                   | 25                      | 120                | 71                   | 5                 | 62                       | 48                       | 12                  | M,S             |
| Iced Americano, 16 oz                           | 16 fl. oz (450g)    | 10              | 0               | 0                         | 0.0                   | 0                       | 25                 | 2                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Iced Americano, 24 oz                           | 24 fl. oz (640g)    | 15              | 0               | 0                         | 0.0                   | 0                       | 30                 | 2                    | 0                 | 0                        | 0                        | 0                   | NONE            |
| Iced Latte, 16 oz                               | 16 fl. oz (439g)    | 100             | 5               | 3                         | 0.0                   | 15                      | 80                 | 8                    | 0                 | 7                        | 0                        | 5                   | M               |
| Iced Latte, 24 oz                               | 24 fl. oz (617g)    | 160             | 8               | 5                         | 0.0                   | 25                      | 125                | 13                   | 0                 | 12                       | 0                        | 8                   | M               |
| Iced Macchiato, 16 oz                           | 16 fl. oz (439g)    | 100             | 5               | 3                         | 0.0                   | 15                      | 80                 | 8                    | 0                 | 7                        | 0                        | 5                   | M               |
| Iced Macchiato, 24 oz                           | 24 fl. oz (617g)    | 160             | 8               | 5                         | 0.0                   | 25                      | 125                | 13                   | 0                 | 12                       | 0                        | 8                   | M               |
| Iced Mocha, 16 oz                               | 16 fl. oz (483g)    | 210             | 5               | 3                         | 0.0                   | 10                      | 70                 | 41                   | 3                 | 36                       | 29                       | 6                   | M,S             |
| Iced Mocha, 24 oz                               | 24 fl. oz (636g)    | 300             | 8               | 4                         | 0.0                   | 20                      | 105                | 56                   | 4                 | 49                       | 38                       | 9                   | M,S             |
| <b>Savory Snacks</b>                            | <b>Serving Size</b> | <b>Calories</b> | <b>Fat (gm)</b> | <b>Saturated Fat (gr)</b> | <b>Trans Fat (gr)</b> | <b>Cholesterol (mg)</b> | <b>Sodium (mg)</b> | <b>Carb. (grams)</b> | <b>Fiber (gr)</b> | <b>Total Sugars (gr)</b> | <b>Added Sugars (gr)</b> | <b>Protein (gr)</b> | <b>Allergen</b> |
| Egg & Cheese Sandwich-with Cheese Roll          | 1 (156g)            | 380             | 15              | 8                         | 0                     | 90                      | 870                | 42                   | 2                 | 7                        | 6                        | 17                  | E,M,S,W         |
| Sausage, Egg & Cheese Sandwich-with Cheese Roll | 1 (199g)            | 560             | 33              | 14                        | 0                     | 125                     | 1100               | 42                   | 2                 | 7                        | 6                        | 21                  | E,M,S,W         |

|  |                   |     |    |    |     |     |      |    |   |    |    |    |         |
|--|-------------------|-----|----|----|-----|-----|------|----|---|----|----|----|---------|
| Bacon, Egg & Cheese Sandwich-with Cheese Roll        | 1 (170g)          | 460 | 21 | 10 | 0   | 100 | 1340 | 42 | 2 | 7  | 6  | 23 | E,M,S,W |
| Egg & Cheese Sandwich-on Croissant                   | 1 (128g)          | 410 | 28 | 11 | 0   | 140 | 360  | 27 | 1 | 4  | 4  | 11 | E,M,S,W |
| Sausage, Egg & Cheese Sandwich-On Croissant          | 1 (170g)          | 590 | 46 | 17 | 0   | 175 | 590  | 27 | 1 | 4  | 4  | 15 | E,M,S,W |
| Bacon, Egg & Cheese Sandwich-on Croissant            | 1 (138g)          | 460 | 32 | 13 | 0   | 150 | 530  | 27 | 1 | 4  | 4  | 14 | E,M,S,W |
| Smoked Turkey Panini Sandwich -with Cheese Roll      | 1 (221g)          | 530 | 24 | 12 | 0   | 80  | 1650 | 49 | 2 | 9  | 6  | 29 | E,M,S,W |
| Black Forest Ham Panini Sandwich -with Cheese Roll   | 1 (221g)          | 540 | 25 | 13 | 0   | 80  | 1410 | 48 | 2 | 9  | 6  | 28 | E,M,S,W |
| Smoked Turkey Club Panini Sandwich -with Cheese Roll | 1 (217g)          | 530 | 24 | 12 | 0   | 80  | 1650 | 49 | 2 | 8  | 6  | 28 | E,M,S,W |
| Smoked Turkey Panini Sandwich -with Croissant        | 1 (197g)          | 510 | 30 | 13 | 0   | 70  | 1090 | 35 | 1 | 7  | 4  | 24 | E,M,S,W |
| Black Forest Ham Panini Sandwich -with Croissant     | 1 (197g)          | 510 | 31 | 14 | 0   | 70  | 850  | 34 | 1 | 7  | 4  | 23 | E,M,S,W |
| Smoked Turkey Club Panini Sandwich -with Croissant   | 1 (200g)          | 530 | 33 | 13 | 0   | 80  | 1520 | 35 | 1 | 6  | 4  | 24 | E,M,S,W |
| Grilled Cheese Panini Sandwich -with Croissant       | 1 (137)           | 520 | 36 | 20 | 0.5 | 75  | 760  | 29 | 1 | 6  | 4  | 18 | E,M,S,W |
| Grilled Cheese Panini Sandwich -with Cheese Roll     | 1 (158g)          | 480 | 24 | 15 | 0   | 65  | 1370 | 46 | 2 | 10 | 6  | 21 | E,M,S,W |
| Maple Sausage Bites, 3 ct                            | 3 Bites (125g)    | 480 | 35 | 13 | 0   | 55  | 880  | 29 | 1 | 5  | 4  | 11 | E,M,S,W |
| Maple Sausage Bites, 5 ct                            | 5 Bites (208g)    | 800 | 58 | 21 | 0   | 90  | 1460 | 48 | 2 | 8  | 7  | 19 | E,M,S,W |
| Maple Syrup  | 1.5 fl. Oz. (39g) | 100 | 0  | 0  | 0   | 0   | 50   | 27 | 0 | 14 | 14 | 0  | NONE    |

**ALLERGEN KEY: E=EGGS, F=FISH, M=MILK, P=PEANUTS, S=SOYBEANS,  
SE=SESAME, TN=TREE NUTS (PECANS), W=WHEAT**